

## **Botox / Dysport / Xeomin / Daxxify Instructions**

- Neurotoxin is not recommended if you have an important event within 2 weeks of injection, secondary to the **potential** for bruising.
- Avoid herbal supplements such as ginkgo, green tea, and anti-inflammatories of any kind for 2 weeks before and following treatment to limit bruising.
- Remain upright for 6 hours following injection.
- Avoid activities that include heavy lifting, vigorous exercise or straining for 2-3 hours following injection.
- Do not massage or manipulate Botox injection sites.
- Avoid products that may irritate your skin for 24 hours after injection.
- Make-up may be applied gently before leaving the office. Remember to apply up and away from your eyes or brows.
- Bruising in the area may occur, especially if treated around the eyes. Bruising can last up to several weeks. Arnica may help expedite resolution.
- It may take up to 12 days to see the effects of Botox.
- If you are a first-time patient, a follow-up visit at 10-14 days is suggested to assess results for subsequent treatments.
- Re-treatment is typically needed between 2-6 months.
- Regular injections generally yield a longer lasting Botox result.
- If your upper lip was treated, you may not be able to drink through a straw, whistle, or enunciate some words for approximately 2 weeks.
- Although rare, infection in the injected area is possible. Signs of infection may include redness, tenderness, and fever. Should you develop an infection, antibiotics may be necessary. Please contact us should you have any concerns.

**If you have ANY questions or concerns, please call our office during business hours.**