

HydraFacial Instructions

Before Treatment

- Avoid sun exposure for 1 week prior to treatment.
- Use SPF 30 daily to ensure coverage against UVB and UVA rays.
- Do not use harsh exfoliants for 1 week prior to treatment.
- Discontinue use of Retinoid type products (Renova, Tretinoin, Retin A, Retin-A Micro, Tri-Luma, Solage, etc.) at least 2 or 3 days prior to treatment.
- Discontinue use of Hydroquinone 2 or 3 days prior to treatment.
- If you have a history of cold sores, consider beginning prophylactic treatment with Valtrex or similar no later than the day prior to HydraFacial.
- Botox and fillers injected up to 2 weeks prior are not recommended.
- Notify us if you develop a cold sore, acne, open lesions in the area being treated, or any type of illness prior to your treatment.

After Treatment

- You may resume your normal skin care regimen 2 days after treatment. If skin still feels irritated, test spot your skin care products first.
- Discontinue Retin-A for 2 days following treatment.
- Avoid unprotected sun exposure and/or tanning beds for at least 2 days post treatment.
- Use sunscreen SPF 30 or higher daily.
- Make-up may be applied after treatment.

Please call our office during normal business if you have ANY questions or concerns.