

Morpheus 8 Instructions

Before Your Treatment

- Avoid skin irritation or intentional skin tanning.
- Sunscreen is advisable when outdoors during daylight hours.
- Discontinue any irritant topical agents for 2-3 days prior to treatment.
- Arrive for treatment with clean skin.
No lotion, makeup, perfume, powder, oils, etc. should be present on the skin in the area to be treated.
- Notify your provider if you have a history of fever blisters or cold sores prior to your treatment.
Valtrex 500 mg PO prior to procedure is recommended to reduce the possibility of an outbreak.

Possible Side Effects

Side effects are rare and transient, but may include any of the following:

- Discomfort.
- Excessive skin redness (erythema) and/or swelling (edema).
- Damage to natural skin texture (crust, blister, burn).
- Hyperpigmentation or Hypopigmentation.
- Post-Procedure “Purging” or Break-Outs.
- Scarring.
- Infection.

After Your Treatment

- Immediately after treatment, most patients will experience erythema (redness) for 1-3 days; however, for more aggressive treatments, this may last longer.
- Slight to moderate edema (swelling) and a mild to moderate sunburn sensation are also common post-treatment and may last 1-3 days.
- Skin may crust and peel for 2-7 days, depending on treatment settings.
- After your treatment, a topical ointment may be applied to the face. No bandages or wraps are necessary.
- Pillowcases and phone screens should be cleaned regularly to avoid any potential for infection.
- Keep fur babies away from treatment area for the first 72 hours.
- No restrictions on bathing. Simply treat the skin gently and avoid scrubbing or trauma to the treatment area.
- Avoid excess heat (steam, hot tubs, etc) for 72 hours.
- Avoid sun exposure to reduce the chance of hyperpigmentation.
- Use an SPF 30+ at all times for the first 72 hours.
- Multiple treatments over a period of several months may be required to achieve the desired response.