

Waxing Before & Aftercare Instructions

Before your treatment...

- **Avoid** sun exposure and tanning beds 1 week prior to treatment.
- Daily sunscreen with an SPF 30 is always recommended.
- **Avoid** lotion on treatment areas for 24 hours prior to treatment.
- **Avoid** excessive exfoliation or scrubs on treatment areas 48 hours prior to treatment.
- **Avoid** any irritants to your skin, including products containing Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents or Vitamin C for 1 week prior to your treatment.
- **DO NOT** wax, tweeze, or use a depilatory on treatment areas for 1 week prior to your treatment.

After your treatment...

- **Avoid sun exposure** and tanning beds to treated areas for 1 week following treatment.
- Daily sunscreen with an SPF 30 is always recommended.
- **Avoid** any irritants to your skin, including products containing Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents or Vitamin C for 1 week following your treatment.
- **Avoid** hot showers, chlorinated pools, spas, and saunas for 72 hours.

Please call us if you have any questions.